

National Honey Month: Sweet as Honey Spa Treatments

September 15, 2015

Honey has been used medicinally around the world for centuries as an antibacterial, anti-inflammatory, and natural humectant. These same healing properties are the reasons that honey is a power player in the spa world. Honey has the ability to naturally hydrate skin and subsequently lock in that moisture. In honor of National Honey Month, we're sharing some of our favorite sweet as honey spa treatments below.



Essere Spa at Castello di Casole – Tuscany, Italy

Using locally-harvested Millefiori crystallized honey, Essere Spa's Honey-Infused Massage features long, soothing massage strokes to fully absorb the honey and local olive oils into the skin. Choose from 50 or 80 minute treatments.